

# 3M™ Tegaderm™ Hydrocolloid Dressing and 3M™ Tegaderm™ Hydrocolloid Thin Dressing - Square

## Description

3M™ Tegaderm™ Hydrocolloid Dressing and 3M™ Tegaderm™ Hydrocolloid Thin Dressing are sterile wound dressings which consist of a hypoallergenic, hydrocolloid adhesive with an outer clear adhesive cover film. The film is moisture vapor permeable, waterproof, and impermeable to liquids, bacteria, and viruses\*. The products are not designed, sold or intended for use except as indicated.

\**In vitro* testing shows that the transparent film provides a viral barrier from viruses 27 nm in diameter or larger while the dressing remains intact without leakage.

Over the wound site, Tegaderm™ Hydrocolloid Dressings interact with wound fluid to create a soft, semi-transparent, absorbent mass. The dressings maintain a moist wound environment, which has been shown to enhance wound healing.

## Indications for Use

Tegaderm™ Hydrocolloid Dressing is indicated for partial and full thickness dermal ulcers, leg ulcers, superficial wounds, abrasions, first- and second-degree burns, and donor sites.

Tegaderm™ Hydrocolloid Thin Dressing is indicated for partial thickness dermal ulcers, leg ulcers, superficial wounds, abrasions, first- and second-degree burns, and donor sites. It may also be used as a protective dressing on at-risk, undamaged skin or on skin beginning to show signs of damage from friction or shear.

## Contraindications

None known.

## Warnings

None known.

## Precautions

1. Treatment of any skin ulcer should be part of a well-defined plan for ulcer management and under the supervision of a health care professional.
2. When using 3M™ Tegaderm™ Hydrocolloid Dressings, the wound initially appears larger in size and depth as unnecessary tissue is cleaned away. This increase should be accompanied by an improved appearance of the wound. If the wound gets larger after the first few dressing changes, see a health care professional.
3. Observe the wound for signs of infection. If infection occurs, the signs of which may be fever, increased pain, redness, bleeding, swelling, or an unusual odor or discharge, see a health care professional. Tegaderm™ Hydrocolloid Dressings may be used on infected wounds only under the care of a health care professional.
4. Rarely, irritation (reddening, inflammation), maceration (whitening of the skin) or hypergranulation (excessive tissue formation) may develop in some wounds under hydrocolloid dressings. Should these occur, consult a health care professional.
5. If the wound does not begin to show signs of healing or if any other unexpected symptoms occur, consult the health care professional.

## Directions for Use

### Before Using the Dressing:

1. Clip excess hair for patient comfort.
2. Clean the skin and the wound thoroughly.
3. Allow the skin to dry before applying the dressing.
4. If the periwound skin is fragile or exposure to drainage is likely, apply 3M™ Cavilon™ No Sting Barrier Film to the periwound skin.
5. Evaluate the wound and select the correct dressing size so that 2.5 cm (1 inch) of the dressing extends beyond the wound edge.

### Applying the Dressing:

*Note:* The dressing can be custom cut before removing its top liner; then apply as shown.

1. Remove the top liner from the back of the dressing.
2. Peel the dressing from its paper liner, minimizing contact with the dressing adhesive surface (Figure 1).
3. Center the dressing over the wound (Figure 2).
4. Gently press the adhesive (bottom) side down, and press from the center outward (Figure 3).
5. Avoid stretching the dressing or the skin.

6. Place tape around the edges of the dressing, pressing the tape firmly (Figure 4).

*Note:* The dressing should be changed if it is leaking, falling off, or has been on the wound for seven days.

### Applying the Dressing to Heels or Elbows:

1. Cut each corner of the dressing from the edge toward the center (Figure 5).
2. Remove the adhesive (bottom) liner, grasping both slit sides of one corner (Figure 6).
3. Place the dressing on the heel or elbow. Press from the center toward the two cut sides (Figure 7).
4. Overlap the remaining piece, and press the edges to prevent leakage (Figure 8).
5. Place tape around the edges of the dressing, pressing the tape firmly (Figure 9).

### Removing the Dressing:

1. Carefully lift the dressing edges from the skin. If there is difficulty lifting the dressing, apply tape to the edge of the dressing and use the tape to lift.
2. Continue lifting the edges until all are free from the skin surface.
3. Remove the dressing slowly, folding it over itself. Pull carefully in the direction of hair growth.

*Note:* It is not unusual for wounds to have an odor. This may be noticed when the dressing is removed or when leakage occurs. The odor should disappear after the wound is cleaned.

## Storage and Shelf Life

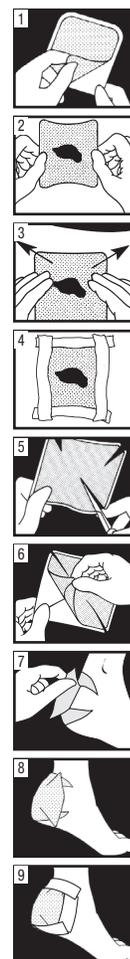
For best results, store at room temperature. Avoid excessive heat and humidity. For shelf life, refer to the expiration date which is printed on each package.

## How Supplied

Individually packaged for single use only. Do not use if package is damaged or open.

If you have any questions or comments, in the U.S.A. contact the 3M Health Care Customer Helpline at 1-800-228-3957.

In Canada, contact 3M Canada Company, P.O. Box/C.P. 5757, London, Ontario, N6A 4T1, 1-800-364-3577.



Outside of the United States, contact your local 3M subsidiary.

### Explanation of Symbols

 Do not use if package is damaged or open

 This product and package do not contain natural rubber latex.

 Caution, see instructions for use

 Do not reuse

 Use by date

 Batch code

 Manufacturer

 Sterilized using irradiation

**CE 0086**

Made in U.S.A. with  
globally sourced materials by

**3M Health Care**

2510 Conway Ave.  
St. Paul, MN 55144 USA  
1-800-228-3957  
3M.com/Tegaderm

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