

YOUR COFLEX® TLC THERAPY

PATIENT EDUCATION

Compression Therapy

Your doctor or nurse has chosen the CoFlex TLC Compression System with odor control from Medline®. The resulting pressure will help your body pump blood up your leg toward your heart.

About CoFlex TLC

CoFlex TLC is a two-layer bandage that wraps around your foot and leg. It is lightweight, comfortable, and not bulky so you can wear your regular shoes and clothes. The first layer is for padding and it also helps manage moisture and control odor. The second layer compresses your leg and holds the first layer in place.

Follow Instructions

It is very important to follow your healthcare provider's instructions. Studies indicate when compression therapy is applied as directed, healing may occur faster and more completely.* Do not remove CoFlex TLC unless your healthcare provider tells you to remove it.

* Source: Moffat C. et al. Venous leg ulcers: patient concordance with compression therapy and its impact on healing and the prevention of recurrence. *Int Wound J.* 2009 Oct;6(5):386-93.



Helpful Tips

- Your bandage may feel tight at first. This is normal. When the swelling goes down, it will not feel as tight.
- Wear the stocking that comes with the system over the bandage to help you put on shoes and clothing.
- Wear comfortable shoes and walk regularly. Walking will improve circulation, which can improve healing.
- Try to keep your bandage dry. If CoFlex TLC gets damp, let it air dry.
- CoFlex TLC may be left on your leg up to 7 days. After that, your doctor or nurse will apply a new CoFlex TLC Compression System or suggest another treatment.
- Call your doctor or nurse if the bandage gets soaking wet, slips down, or if you have pain, tingling numbness or discoloration.

Care Notes

Clinician
Contact #:

Made in U.S.A.
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Medline Industries, Inc.,
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RD14AVC



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